



Recipes

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Hydrated Chia Seed Greek Yogurt

Serves 12

Ingredients:

3 cups Almonds Milk, vanilla
1 1/4 cups Chia Seed
1/4 tsp. Kosher Salt
3/4 cup Honey
1/2 tsp. Vanilla Extract
1 qt. Vanilla Greek Yogurt
1 1/2 cups Pitaya puree (dragon fruit puree)

Directions:

1. Combine milk, chia seeds, salt, honey and vanilla extract and cover with foodservice wrap. Refrigerating overnight stirring occasionally.
2. Combine the hydrated chia seed mixture with vanilla Greek yogurt and the pitaya puree.
3. Reserve under refrigeration until use.