

# Recipes

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# Salted Caramel Overnight Oats

### Serves 12

## Ingredients:

3 cups Rolled oats

4 1/2 cups Almond milk, vanilla

1 cup Caramel sauce

1 tsp. Kosher Salt

3/4 cup Almond Butter

1/3 cup Shredded Coconut

#### Directions:

- 1. Combine all ingredients and refrigerate overnight (8 hours) until oats are hydrated.
- \* If the oats are too thick, add almond milk. Strain out the almond milk if too runny until a desirable consistency is reached.
- 2. Taste and adjust for salt if needed.
- 3. Store refrigerated until use.