



Recipes

MISSIONFOODSERVICE.COM

Swordfish Fajitas

Serves 4

Ingredients:

- 4 Mission® 10" Whole Wheat Tortillas (10425)
- 1 Tbsp. Vegetable Oil
- 1 large Onion , sliced
- 1 Red Bell Pepper , sliced
- 1 Yellow Bell Pepper , sliced
- 3/4 lbs. Swordfish Steak , cut into 1/2" cubes
- 2 tsp. prepared Pesto
- 1 Tomato , sliced
- 1 Avocado , peeled, seeded and diced

Directions:

1. Heat oil in heavy, large skillet over medium-high heat.
2. Sauté the fish until almost cooked through, about 5 minutes. Add onions and peppers and sauté until tender. Remove from heat and stir in pesto.
3. Spoon seafood mixture into Mission® Golden Wheat Wrap. Top with tomato and avocado. Fold wrap over. Serve warm.