



## Recipes

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# Meatless Sausage Quesadilla Breakfast Sliders

Prep Time: 8 Minutes

Cooking Time: 6 Minutes

Serves 12

### Ingredients:

24 each 6" Smart Hearty Grains™ Tortilla (47086)  
2 1/4 cups Monterrey-Jack Cheese , shredded  
3 cups Scrambled eggs, prepared, warm  
3 cups Sautéed Vegetable Mixture, see related recipe  
24 each Meatless breakfast sausage patty, warm  
24 each Wooden sandwich pick

### Directions:

1. To make Sautéed Vegetable Mixture: heat oil in large sauté pan over medium heat. Add mushroom and bell pepper; sauté 3 to 4 mins. Add spinach, green onion and season with salt and pepper; sauté until spinach just begins to wilt; remove from heat and hold warm.
2. To prepare single serving: place tortillas on griddle preheated to 350°F and layer half of each tortilla with 1½ Tbsp. cheese, 2 Tbsp. scrambled egg, 2 Tbsp. Sautéed Vegetable Mixture, and another 1 ½ Tbsp. cheese. Fold each tortilla over ingredients and press to create half-circle quesadillas. Griddle until lightly toasted on both sides. Place meatless sausage on top of one side of each quesadilla, then fold quesadilla over sausage to create slider, and secure with sandwich pick. Serve immediately.





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# Sautéed Vegetable Mixture

Serves 1

### Ingredients:

3 Tbsp. Olive Oil

3 cups Mushrooms , sliced

3 cups Bell pepper, julienned

6 cups Baby spinach

1 1/2 cups Green Onions , chopped

As needed Salt

As needed Black Pepper

### Directions:

