

# Recipes

#### MISSIONFOODSERVICE.COM

Related Recipe(s) on the Following Page(s)

## Tikka Masala Cauliflower Tacos

Prep Time: 30 Minutes

Cooking Time: 30 Minutes

Serves 12

### Ingredients:

24 each 6.5" Grill-Ready™ Par-Baked Flour Tortillas

(09301), grilled

6 cups All-purpose Flour

6 cups Corn Starch

2 Tbsp. Baking Powder

3 qts. Water

5 lbs. Cauliflower florets

1/2 cup Salt

6 cups Tikka Masala sauce, prepared, heated

1 1/2 cups Cucumber Mint Raita, see related recipe

6 cups Basmati Rice, prepared

4 Tbsp. Fresh Parsley

4 Tbsp. Fresh Cilantro

#### Directions:

- 1. Combine flour, corn starch, baking powder, water, and salt in a large mixing bowl and mix thoroughly to prepare batter (work in batches if needed).
- Coat the cauliflower florets in the prepared batter.
  Working one at a time, let the excess batter drip off, and fry at 350°F until crispy. Toss with kosher salt if desired.
- 3. Combine the crispy cauliflower with the Tikka Masala sauce and toss.
- 4. To build one taco, top a prepared Grill-ReadyTM tortilla with ¼ cup basmati rice, ¾ cup of sauced cauliflower pieces and 1 tbsp. of the Cucumber Mint Raita.
- 5. Garnish fresh cilantro and parsley as desired and serve 2 tacos per order.



# Recipes

### MISSIONFOODSERVICE.COM

## **Cucumber Mint Raita**

#### Serves 1

### Ingredients:

1/2 cup Seedless cucumber, shredded, drained, pressed

1 cup Greek Yogurt , whole milk, plain

4 Tbsp. Fresh Mint , chopped

1 each Lemon Zest

1/2 tsp. Ground Cumin

1 tsp. Ground Coriander

1 tsp. Kosher Salt

#### Directions:

- 1. Combine all ingredients and mix thoroughly. Taste and adjust seasoning accordingly if needed.
- 2. Store under refrigeration until use.