



Recipes

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Caribbean Jerk Grilled Chicken

Serves 1

Ingredients:

- 2 1/2 cups Scallions , roughly chopped
- 4 each Garlic Cloves
- 2/3 cup Jalapeño , roughly chopped
- 1/2 cup Lime Juice
- 1/4 cup Olive Oil
- 1/4 cup Water
- 2 Tbsp. Brown Sugar , packed
- 1 Tbsp. Ground allspice
- 1 tsp. Ground Cinnamon
- 1 Tbsp. Salt
- 4 lbs. Chicken thighs, boneless, skinless

Directions:

