



Recipes

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Caribbean Jerk Grilled Chicken

Serves 1

Ingredients:

2 1/2 cups Scallions , roughly chopped
4 each Garlic Cloves
2/3 cup Jalapeño , roughly chopped
1/2 cup Lime Juice
1/4 cup Olive Oil
1/4 cup Water
2 Tbsp. Brown Sugar , packed
1 Tbsp. Ground allspice
1 tsp. Ground Cinnamon
1 Tbsp. Salt
4 lbs. Chicken thighs, boneless, skinless

Directions:

