



Recipes

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Coconut Curry Sauce

Serves 1

Ingredients:

- 3.5 oz. Red Onions , medium chop
- 4 oz. Red Bell Peppers
- 1 oz. Garlic cloves, crushed
- 1 oz. Canola Oil
- 1 oz. Scallions , rough chop
- 12 oz. Coconut Milk
- .3 oz. Curry Powder
- .5 oz. Cilantro
- .2 oz. Salt
- .05 oz. Pepper

Directions:

1. Blend until fully combined