



Recipes

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Veggie Quesadilla

Serves 6

Ingredients:

6 Mission® 12" Whole Wheat Tortilla (10254)
4 tsp. bottled Italian Dressing
1 large Red Onion , diced
1 large Tomato , diced
2 Anaheim Chiles , seeded and diced
3 cups grated Jalapeno Monterey Jack Cheese
1/4 cup chopped Cilantro
1 tsp. Chile Powder
Salsa
Guacamole
Sour Cream

Directions:

1. Combine half of the Italian dressing, onion, tomato, chilies and chili powder in a microwave proof bowl or casserole. Microwave at full power, uncovered, for four minutes or until vegetables are tender and mixture is thickened; stir in cilantro.
2. Sprinkle half a cup of cheese on one-half of each Mission® Golden Wheat Wrap and top with three tablespoons vegetable mixture. Fold wrap in half and brush with remaining Italian dressing.
3. Place three filled tortillas on a wax paper-lined plate and microwave on high for one minute or until cheese is melted; repeat with remaining tortillas.
4. Cut each quesadilla into thirds. Garnish with salsa, guacamole and sour cream if desired; serve immediately.