

Related Recipe(s) on the Following Page(s)

Grilled Zucchini Squash and Corn with Tomato Rustico Sauce

Serves 6

Ingredients: TOMATO RUSTICO SAUCE (Makes 2 1/2 cups)

2 oz. Olive Oil
1 1/2 oz. Garlic , minced
6 oz. Red Bell Peppers , roasted, peeled and seeded
17 oz. Roma Tomatoes
2 oz. New Mexico Chiles , soaked in boiling water until soft, seeded
2 Mission® 6" Heat Pressed Flour Tortillas (10400) , torn into 3" pieces
2 oz. Red Wine Vinegar
2 oz. Red Wine
1 oz. roasted Pepitas (raw pumpkin seeds)
1 Tbsp. Honey
Salt and Pepper to taste

Directions:

1. Heat the olive oil in a large sauté pan over high heat. Sauté the garlic, bell pepper, tomatoes, chiles, and tortilla squares for 2 minutes or until golden brown. Remove each ingredient from pan with a slotted spoon as it done. Remove pan from heat. Deglaze the pan with the vinegar and red wine.

2. Place all the sautéed ingredients and the deglazing liquid into a food processor and process until smooth.

Add the pepitas, and process until finely chopped.
 Add the honey, salt and pepper.



Recipes MISSIONFOODSERVICE.COM

Grilled Corn, Squash and Zucchini

Serves 1

Ingredients:

3 ears Corn 4 Zucchini , medium cut on the bias into ¼" slices 2 Yellow Squash , cut in half both lengthwise and widthwise Tomato Rustico Sauce Salt and Pepper to taste

Directions:

1. Prepare a grill.

2. Shortly before grilling, marinate the vegetable slices in 2 cups of the sauce.

3. Season the vegetables with salt and pepper to taste and grill vegetables for about 3 minutes on each side, or until tender.

4. Place the grilled vegetables on a serving platter and use leftover sauce to serve on the side.