



Recipes

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Mango Black Bean Salsa

Serves 1

Ingredients:

1 1/2 cups Mangos , peeled and diced
1 cup Black Beans , cooked and drained
1/4 cup Jicama , peeled and diced
1/2 cup Red Bell Pepper , seeded and diced
1/4 cup Red Onion , diced
1 Tbsp. Serrano Chile , diced
1 1/2 tsp. Cilantro , chopped
1 Tbsp. Lime Juice
1 Tbsp. Hot Pepper Sauce
Salt to taste

Directions:

1. Combine all ingredients in a bowl and mix well. Cover and refrigerate for an hour to allow the flavors to blend.