



Recipes

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Black Bean and Corn Relish

Serves 1

Ingredients:

- 1 cup Black Beans , rinsed and drained
- 1 cup Corn , pan roasted
- 1/2 tsp. Salt
- 1/2 tsp. freshly ground Black Pepper
- 1 Tbsp. Olive Oil
- 1 Tbsp. White Wine Vinegar

Directions:

1. Combine the above ingredients in a bowl and set aside.