



## Recipes

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### Pico de Gallo

Serves 1

#### Ingredients:

1/2 chopped Onion , Red or White  
2 Tbsp. fresh Lime Juice  
5 Roma (Plum) Tomatoes , seeded and diced  
1/2 cup fresh Cilantro , stemmed and chopped  
2 - 3 Jalapeno Peppers , stemmed, seeded and minced  
Salt , to taste  
Pepper , to taste

#### Directions:

1. Combine the onions and lime juice in a medium bowl.
2. Add remaining ingredients except the salt.
3. Stir well. Season with salt and pepper and serve immediately.