



Recipes

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Cole Slaw

Serves 12

Ingredients:

24 cups Shredded Cabbage
1 cup Sandwich Dressing (such as Miracle Whip) or
low-fat Mayonnaise
4 Tbsp. Country Style Dijon Mustard
1/2 cup Apple Cider Vinegar
1/2 cup Lemon Juice
0.6 oz. (4 tsp) Lite Soy Sauce
2 tsp. Black
Peppers
1 tsp. Salt

Directions:

1. Combine all ingredients in a non-reactive bowl. Mix well and keep refrigerated.