



## Recipes

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### Garlic Chicken

Serves 1

#### Ingredients:

(Yields enough for 10 wraps)

.5 oz. (4 cloves) Garlic

1 Tbsp. Kosher Salt

1 tsp. Black Pepper

1.5 lbs. Boneless Chicken Breast

#### Directions:

1. Using a mortar & pestle (or a small food processor) grind the garlic, salt and pepper into a coarse paste.
2. Rub the garlic paste all over the chicken breast and grill until cooked through. Allow to rest for 10 minutes, slice.