

# Recipes MISSIONFOODSERVICE.COM

## Molé

#### Serves 1

### Ingredients:

1/2 cup Vegetable Oil

5 Ancho Chiles, cleaned and seeded

5 Guajillo Chiles, cleaned and seeded

8 oz. Onions, diced

5 Garlic Cloves

3 Roma Tomatoes

3/4 cup Almond

1/2 cup Pepitas (cooked Pumpkin Seeds)

1/3 cup Sesame Seeds

1 stick Cinnamon

1 wheel Mexican Chocolate, quartered

1 Tbsp. Ground Cumin

1 Tbsp. Oregano

1 Tbsp. Salt

Diced White Onion

#### Directions:

- 1. Heat the vegetable oil in a large pot. Add the chilies and fry until puffed and aromatic, approximately 30 seconds. Remove from oil and set aside.
- 2. Add the onions and garlic and fry until lightly toasted. Add the tomatoes, nuts, seeds, cinnamon, Mexican chocolate, cumin, oregano, salt and cook for 3-5 minutes.
- 3. Bring to a boil. Reduce heat and simmer for 30 minutes.
- 4. Purée mixture in batches in a heavy duty blender until smooth. Keep warm.