

Sage Southern Fried Chicken

Prep Time: 25 Minutes

Cooking Time: 15 Minutes

Serves 6

Ingredients:

4 large Eggs , beaten

2 tsp. Fresh Sage, crushed

3.33 oz. Water

2 oz. Louisiana Hot Sauce

16 oz. Self-Rising Flour

1 Tbsp. Pepper

3 tsp. Salt

1 Tbsp. Garlic Powder

40 oz. Frying Chicken

Directions:

- 1. In a medium bowl, beat eggs with the water. Add hot sauce.
- 2. In another bowl, combine flour, salt, pepper, and garlic powder.
- 3. Dip chicken in the egg mixture and then coat well in the flour mixture.
- 4. Preheat oil to 350° F in a deep fryer. Load fryer basket with chicken, but not more than half full.
- 5. Fry chicken in oil until brown and crisp. Dark meat will take 13–14 minutes. White meat will take 8–10 minutes.